

Three Day School

The Three Day Golf School is aimed at golfers who aspire to improve their practical knowledge and who ultimately want to play better golf. Whether you are looking to get your first handicap or whether you are aiming to play single figure golf, we will make sure you have the tools to achieve your goal.

Once we have an understanding of your personal level you will be guided through the individual elements of the game so you can fine tune each component. We will help you develop the mechanics and individual tendencies that you have in your game – this does not mean rebuilding from scratch!

Utilising our state of the art technology, you will work closely with your instructor on all areas of the game to create an individual plan that is realistic to your training programme and lifestyle.

Our programmes are designed to run from 0900 – 1200 each day so you have the flexibility to play at your own leisure in the afternoons, or simply go shopping or sightseeing!

Day 1

Time	Unit	What's covered?
0900	Introduction to the programme	
0910 – 1100	Full swing analysis	• Being ready for golf
		• Generic golf specific drills
		• Individual analysis
		• Blueprint for the future
1100 – 1200	Chipping / Bunkers	• The different types of chip shot and when to use them
		• The basic escape with the correct technique
		• Distance control
1200	End of session	

Day 2

Time	Unit	What's covered
0900 – 1100	Putting	• Understanding the correct principles
		• Individual analysis of putting stroke using the SAM PuttLab
		• Exercises / drills to practice
		• Green reading
1100 – 1200	Driver / Fairway woods	• Understanding the correct launch conditions using TrackMan
		• Improving distance
		• The secret to hitting the fairway
1200	End of session	

Day 3

Time	Unit	What's covered
0900 – 1030	Pitching	• The correct method
		• Low & High shots
		• Distance control
1030 – 1100	Shot making	• Draw / Fade
		• High / Low
11:00 – 1200	Review	• Troubleshooting
1200	End of session	

Cancellation Policy: If cancelling within 7 days of your booking you will receive a 50% refund. There will be no refund for cancellations made within 48 hours of booking.